# **Mini-Medical School**



# Dilatation and Curettage 子宮內膜刮除術(英文)

## Foreword

Dilatation and curettage uses curette to sample or remove uterine contents or endometrium

#### Purpose

It is used for treating and diagnosing abnormal uterine bleeding, pregnancy termination, and malignant pathological changes in endometruim.

## Preparation

- 1. Fasting for 8 hours is necessary because the surgery is under general anesthesia
- 2. Please bathe cleanly, rest adequately, polish no finger nails, wear no heavy makeup, and put on no accessory such as ear rings.
- 3. On the day of the operation, bring along an adult family member. For artificial abortion, ask your husband to accompany you and bring along his identification card.

# Cautions after surgery

- 1. After the surgery, remove the gauze clogged in vagina under doctor' s instruction.
- 2. Pay attention to massive bleeding.
- 3. Be aware of the urinating ability, whether voluntarily or involuntarily.
- 4. Return to the hospital if there is unbearable pain.

## Cautions of Self-care

1. After the operation, patients should not engage in heavy work load during the first week, and abide by the instructions given by the doctors.

- 2. After the operation, avoid sexual intercourse, vagina lavaging, and use of tampon during hemorrhage period.
- 3. Self-examination of complications:
  - a. chillness or fever over 37.5°C
  - b. foul odor with vagina secretion
  - c. severely deteriorating abdominal pain and vomiting
- 4. persisted massive vaginal bleeding for more than one weekPlease return to our hospital if conditions above occur
- 5. Returns to the hospital on time for follow-up checks

若有任何疑問,請不吝與我們聯絡 電話:(04)22052121分機4145 HE-60023-E